

Research Flyer

Would you like to take part in a research project?

Title: Breaking the Silence: How might Men's experiences of Therapy inform the Integrative Psychotherapeutic Approach?

Research Question: How might the experiences of men that between the ages of 18-65 who have taken part in counselling inform the Integrative Counselling and Psychotherapeutic Perspective?

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Participant Criteria

- ✓ Male
- ✓ Been through a minimum of 4 sessions in some form of talking therapy/counselling in the past
- ✓ Aged between 18 – 65