

Would you like to take part in a research project?



Title

The Role of Culture in Shaping Therapy: An Integrative Approach to Understanding Expectations, Goals, and the Therapeutic Experience

Research question

How do socio-cultural factors influence therapists' and clients' expectations, goals, and experiences within the therapeutic process?

What would you need to take part in this research project?

- To take part in this research project you will need to be able to access Microsoft teams and can commit to an interview (via teams). where you will be asked a range of questions around your opinion of the affect / influence of socio- cultural factors within the therapeutic process.
- That you are over the age of eighteen and a member of one of the UK Counselling and Psychotherapy boards (UKCP, BACP, NCPS, CPCAB)
 - That you have completed a minimum of one hundred client hours.

If interested, please contact the researcher,

Shanay Ameyaw Rochester at s.ameyawrochester1@unimail.derby.ac.uk