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| **VOLUNTEER RESEARCH PARTICIPANTS NEEDED**  **A master’s research study exploring the experiences of counselling and psychotherapy trainees with ADHD.** |
| Hello, I’m Jannine, an MA student at the University of South Wales studying Integrative Counselling and Psychotherapy. I am researching the lived experiences of **trainee counsellors and psychotherapists with ADHD.**  **Participants?**  I am looking for individuals (aged 18 and over and based in the UK) with **ADHD** – either formally diagnosed or self-identifying, who are currently engaged in BACP accredited counselling and psychotherapy training. I am seeking 6 participants.  **What?**  If you wish to participate in this study, you will be invited to an **online interview** at mutual convenience via MS Teams. The interview will last approximately **60 minutes**, in which I will ask you about your lived experiences as a counselling and psychotherapy trainee with ADHD.  **How?**  If you are interested or want further information, please contact me at [99028387@students.southwales.ac.uk](mailto:99028387@students.southwales.ac.uk).  Following the expression of interest, I will provide you with a more detailed participation information sheet with further details.  **Confidentiality:** The identity of participants will be anonymised, and all interview material will be treated confidentially. |
| **You are under no obligation to take part in this research study. If you are interested, please contact me directly for further information.**  **THANK YOU.** |